

Best place to buy Yoga Books is the **Sea of Tranquility:**

1435 Saint Alexander, suite 350 – 514.789.0160

TOP 10 RECOMMENDED YOGA TEACER BOOKS BY SEA OF TRANQUILITY:

- 1) [Path to Holistic Health](#) by B.K.S. Iyengar
- 2) [Woman's book of yoga](#) by Bobby Clennel
- 3) [Ashtanga Yoga](#) by David Swenson
- 4) [Yoga the Iyengar Way](#) by B.K.S. Iyengar
- 5) [Yoga Anatomy](#) by Leslie Kaminoff
- 6) [Yoga Sutras](#) by Swami Sachitananda or [How to know God](#)
- 7) [30 Essential Poses](#) by Judith Lasater
- 8) [Heart of Yoga](#) by Desikachar
- 9) [Blooming lotus](#) by Thich Nhat Hanh
- 10) [Yoga Nidra](#) by Bihar school or [Yoga Nidra](#) by Richard Miller

TOP RECOMMENDED ASHTANA YOGA TEACER BOOKS BY SEA OF TRANQUILITY:

- 1) [Ashtanga Yoga](#) by David Swenson
- 2) [The Art of Vinyasa](#) by Richard Freeman
- 3) [Ashtanga Yoga – Practice and Philosophy](#) by Gregor Maehle
- 4) [Ashtanga Yoga](#) by Petri Raisanen

YOGA BOOKS:

[Aghora 1: At the Left Hand of God](#) by Robert Svoboda

[Aghora 2: Kundalini](#) by Robert Svoboda

[Aghora 3: The Law of Karma](#) by Robert Svoboda

[Ashtanga Yoga](#) by David Swenson

[Autobiography of a Yogi](#) by Paramachansa Yogananda

[Kunadlini Tantra](#) by Swami Satyananda Saraswati

[Lemurian Scrolls](#) by Satguru Sivaya Subramuniaswami

[Moola Bandha](#) by Swami Buddhananda

[Light on Yoga](#) by B.K.S. Iyengar

[Path to Holistic Healthy](#) by B.K.S. Iyengar

[Systematic Course in the Ancient Tantric Techniques of Yoga & Kriya](#) by Swami Satyananda Saraswati

[Taming the Kundalini](#) by Swami Satyananda Saraswati

[The Complete Guide to Yin Yoga](#) by Bernie Clark

[The Yoga of Breath](#) by Richard Rosen

[The Yoga Tradition](#) by George Feurstein

[Yoga Nidra](#) by Richard Miller

[Yoga Nidra](#) by Swami Satyananda Saraswati

YOGA BIBLES:

Bhagavad Gita by Swami Tapasyananda

Four Chapters on Freedom by Swami Satyananda Saraswati

Hatha Yoga Pradipika by Swami Muktibodhananda

Tibetan Book of the Dead by Robert Thurman

Yoga Sutras by Swami Sachitananda

SPIRITUALITY, ANCIENT ESOTERIC KNOWLEDGE

(anything for the following authors):

Anatomy of Spirit by Caroline Myss

Ancient Egypt 39,000 BCE by Edward F. Malkowski

Ascension Magick – Ritual, Myth & Healing for the New Aeon by Christopher Penczak

Blue Blood, True Blood: Conflict & Creation by Stewart Swerdlow

Chariots of the Gods by Erich von Daniken

Communion – A True Story by Whitley Strieber

Dark Mission – The History of NASA by Richard Hoagland

DMT and the Soul of Prophecy by Rick Strassman, M.D.

Egypt Exposed – The True Origins of Civilization by Robert Bauval

Entangled by Graham Hancock

Fingerprints of the Gods by Graham Hancock

Forbidden Archeology – The Hidden History of the Human Race by Michael Cremo

Forbidden Knowledge by Jason Quitt

Genes, Giants, Monsters and Men by Joseph P. Farrell

Human Devolution – A Vedic Alternative to Darwin's Theory by Michael Cremo

Magicians of the Gods by Graham Hancock

Passport to Magonia by Jaques Vallee

Power, Freedom and Grace by Deepak Chopra

Sacred Contracts by Caroline Myss

Serpent of Light: Beyond 2012 – The Movement of the Earth's Kundalini by Drunvalo Melchizedek

Slave Species of god by Michael Tellinger

Solving the Communion Enigma by Whitley Strieber

Spiritwalker by Hank Wesselman

The Ancient Secret of the Flower of Life (vol 1 & 2) by Drunvalo Melchizedek

The Anunnaki of Nibiru: Mankind's Forgotten Creators, Enslavers, Saviors by Gerald Clark

The Ascension Mysteries by David Wilcock

The Divine Spark by Graham Hancock

The Eyes of the Sphincx by Erich von Daniken

The Fantastic & Forgotten by Judika Illes

The Fingerprints of the Gods by Graham Hancock

The Great Pyramid Hoax by Scott Creighton

The Key – A True Encounter by Whitley Strieber

The Lost Art of Enochian Magic – Angels, Invocations and the Secrets Revealed by John DeSalvo

The Magicians of the Gods by Graham Hancock

The Monuments of Mars – A City on the Edge of Forever by Richard Hoagland

The Source Field Investigations by David Wilcock

The Subtle Body Practice Manual by Cyndi Dale

The Synchronicity Key by David Wilcock