

Best place to buy Yoga Books is the **Sea of Tranquility:**

1435 Saint Alexander, suite 350 – 514.789.0160

TOP 10 RECOMMENDED YOGA TEACER BOOKS BY SEA OF TRANQUILITY:

- 1) Path to Holistic Health by B.K.S. Iyengar
- 2) Woman's book of yoga by Bobby Clennel
- 3) Ashtanga Yoga by David Swenson
- 4) Yoga the Iyengar Way by B.K.S. Iyengar
- 5) Yoga Anatomy by Leslie Kaminoff
- 6) Yoga Sutras by Swami Sachitananda or How to know God
- 7) 30 Essential Poses by Judith Lasater
- 8) Heart of Yoga by Desikachar
- 9) Blooming lotus by Thich Nhat Hanh
- 10) Yoga Nidra by Bihar school

OTHER RECOMMENDATIONS BY JAMIE

YOGA BOOKS:

Aghora 1: At the Left Hand of God by Robert Svoboda

Aghora 2: Kundalini by Robert Svoboda

Aghora 3: The Law of Karma by Robert Svoboda

Ashtanga Yoga by David Swenson

Autobiography of a Yogi by Paramachansa Yogananda

Kunadlini Tantra by Swami Satyananda Saraswati

Light on Yoga by B.K.S. Iyengar

Path to Holistic Healthy by B.K.S. Iyengar

Systematic Course in the Ancient Tantric Techniques of Yoga & Kriya by Swami Satyananda Saraswati

The Yoga of Breath by Richard Rosen

Yoga Anatomy Leslie Kaminoff

Yoga Nidra by Richard Miller

Yoga Nidra by Swami Satyananda Saraswati

YOGA BIBLES:

Bhagavad Gita by Swami Tapasyananda

Four Chapters on Freedom by Swami Satyananda Saraswati

Hatha Yoga Pradipika by Swami Muktibodhananda

Tibetan Book of the Dead by Robert Thurman

Yoga Sutras by Swami Sachitananda

SPIRITUALITY, ANCIENT ESOTERIC KNOWLEDGE

(anything for the following authors):

Anatomy of Spirit by Caroline Myss

Ancient Egypt 39,000 BCE by Edward F. Malkowski

Ascension Magick – Ritual, Myth & Healing for the New Aeon by Christopher Penczak

Blue Blood, True Blood: Conflict & Creation by Stewart Swerdlow

Chariots of the Gods by Erich von Daniken

Communion – A True Story by Whitley Strieber

Dark Mission – The History of NASA by Richard Hoagland

DMT and the Soul of Prophecy by Rick Strassman, M.D.

Egypt Exposed – The True Origins of Civilization by Robert Bauval

Entangled by Graham Hancock

Forbidden Archeology – The Hidden History of the Human Race by Michael Cremo

Genes, Giants, Monsters and Men by Joseph P. Farrell

Human Devolution – A Vedic Alternative to Darwin’s Theory by Michael Cremo

Human Race Get Off Your Knees by David Icke

Passport to Magonia by Jaques Vallee

Power, Freedom and Grace by Deepak Chopra

Sacred Contracts by Caroline Myss

Serpent of Light: Beyond 2012 – The Movement of the Earth’s Kundalini by Drunvalo Melchizedek

Slave Species of god by Michael Tellinger

Solving the Communion Enigma by Whitley Strieber

The Ancient Secret of the Flower of Life (vol 1 & 2) by Drunvalo Melchizedek

The Anunnaki of Nibiru: Mankind’s Forgotten Creators, Enslavers, Saviors by Gerald Clark

The Divine Spark by Graham Hancock

The Eyes of the Sphincx by Erich von Daniken

The Fingerprints of the Gods by Graham Hancock

The Key – A True Encounter by Whitley Strieber

The Lost Art of Enochian Magic – Angels, Invocations and the Secrets Revealed by John DeSalvo

The Magicians of the Gods by Graham Hancock

The Monuments of Mars – A City on the Edge of Forever by Richard Hoagland

The Source Field Investigations by David Wilcock

The Synchronicity Key by David Wilcock